

Who can complete a public presentation demonstration? You can! Learning how to give a demonstration is a great way to learn how to talk in front of a group of people, and even better ... you can share an activity that you really like to do or share about your 4-H project!

Are you really great at giving your dog a bath? Share your secret skills!

Do you make the best peanut butter and jelly sandwiches this side of the Pacific Ocean? Share your recipe!

Do you love to talk about raising pigs for fair? Share your experiences!

When you have a passion for what you are talking about, it is much easier to share the information with others ... This is step one.

Why do we give demonstrations?

Sharing! Sharing your knowledge on a specific topic is the number one reason we give demonstrations. The second reason is to practice talking in front of people to develop self-confidence. The third reason is to learn how to express your ideas clearly. Imagine explaining to someone who has a blindfold on how to make a peanut butter and jelly sandwich. If you are not clear in your directions, you might end up with a big mess!

The fourth reason to give demonstrations is to learn how to be "quick on your feet." No, not running quick, but to answer questions spontaneously about the subject matter that you know all about.

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1. Introduction - w

demonstration because the people watching and learning will want to see all of the steps.

When you begin your demonstration, tell a little bit about yourself! Then state the title of your demonstration and share with the audience what new skill you will be teaching them.

Tips about Titles: When thinking of a title for your demonstration, try to think of something catchy or clever. The title should be something that will create interest and curiosity about your topic. For example, if you are going to share how to make your favorite green spinach smoothie, you might title your demonstration "Green Machine." Some people might think you are going to talk about John Deer tractors, others might think you are going to talk about why spinach is good for you. This title is better than "How to make a spinach smoothie."

1. Develop - think about and write down each of the steps that you will need to share in your demonstration.
2. Define key words - if there are any vocabulary words that might be new to your audience, be sure to define those key words.

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Using posters - creating posters for your demonstration can be helpful. Create a poster with the title, one or two (as needed) with the directions (steps), and maybe one that says "Thank you!" Letters should be large enough to read from across the room and very neat.

Practice your demonstration often. Invite your family to sit down and listen to your demonstration. Practice in front of a mirror. Share your demonstration with your animals. Practice makes perfect!

What to wear? Make sure to wear clean, suitable clothes. No holey jeans, graphic t-shirts, or muddy shoes. If you are sharing a cooking demonstration, be sure to pull your hair back into a ponytail or wear a hat or hair net. Also, consider wearing an apron or a chef's coat.

Stand TALL! Stand up tall and talk clearly when giving your demonstration.

Don't rush. Practicing will help with this tip. If you keep your chin up, you will talk louder and your voice will carry.

Be at ease ... easy for you to say! Even if you are really nervous, just smile! It will help to ease your nerves. Take a deep breath through your nose and exhale through your mouth. Once you get into the groove of your demonstration, your nerves will calm down and you will be finished before you even know it.

**YOU DID IT!**

See, it wasn't that bad! I bet you even had some fun!

